



A sex positive week to bring more awareness  
in the diversity of intimacies and to explore  
creative processes through somatic kink  
methodologies

23rd to 30th March 2024 in Fuerteventura

facilitated by Vanessa Langer & [Sharka Rey](#)



In a beautiful environment, resembling a moon land, a remote venue, not far from the sea, is hosting this exceptional and unique one week retreat.

This workshop is for those who want to creatively explore kinky practices. It's also for those who want to deepen their relationships with their bodies, sexualities and others as well as for people interested in exploring creativity within their own erotic life. It's for all curious as well as advanced kinksters, all genders, bodies, ages and all sexual orientations.

We see a large potential in exploring the intersection of somatic kink methodologies and creative process in which critical thinking is encouraged. Moreover, we think that sex positive spaces are needed in our society in order for us to explore alternative forms of intimacies in safer spaces, to promote diversity and care for various body shapes, ages, origins, relationship types and sexual practices, and to challenge archaic and heteronormative views of sexuality.

In addition, this work encourages us to become better communicators and to be able to ask for our needs and express our boundaries. The whole week is based on a framework of consent.

During the week we will also go out to merge with the natural environment of this volcanic island such as dunes, rocks and the sea to awaken our senses and our capacity to interconnect with the surrounding elements.



## Program

In a playful way, an invitation to feel into the different ways to be intimate with yourself and others. Discover the variations of your sexual energy and its multiple vibrations. Let go of your old beliefs, representations and patterns and get ready to experiment different ways to access desire and pleasure. Embody all your senses in the intimate experience and discover new sensations. Deepen your awareness of your sexual patterns, embody more flow in pleasure and surprise yourself ;)

### **Surrender to the unknown of every moment and come to learn and explore:**

Sexual Patterns Awareness

Breath-work Techniques

Pleasure Embodiment

Fantasies

Voice and Sounds

Mindfulness techniques

Consent

Impact Play

Pain Processing

Perineum Sensibilities

Flogging

Rope Work (Basic)

How to Touch

How to Improvise

How to Create Scenarios

Character Play

Critical Reflexivity

Psychological Dynamics of D/S

How to Make a Ritual

Natural elements exploration

**This is a sex positive and trauma informed space**





## Information and registration

Price per person (max. capacity 18 pers. Lodging options depending on availability)

We have three different prices. For lower incomers, regular incomes and higher incomers.

We would like to make this retreat accessible to lower incomers and in order to do that we cordially added a support price for those with higher income to support the lower incomers.

Moreover, our needs lay in having our energy and work we put into this event (months before the actual retreat and the retreat itself) valued, along our needs for sustainability acknowledged.

### Lodging in double/triple room

Low Price	1250€
Regular Price	1450€
Support Price	1650€

### Bring your own tent/van/campervan (limited capacities)

Low Price	1120€
Regular Price	1250€
Support Price	1450€

**The price of the week includes:** lodging for 7 nights, daily vegan food (except the day OFF), all workshops, play party. There will be 3 to 4 workshops a day, starting on Sunday morning until Friday evening. Wednesday will be off so you can discover the island or chill by the pool at the venue.

**The price does not include:** Flights, special drinks, meals not mentioned on the program, kinky accessories, transportation. Please note that the venue is situated in the middle of nowhere and there is no public transport. The options of getting from the airport to the venue (30min) and around is by rental car. We will create a WhatsApp group for the participants to enable them to co-ordinate their own transportation from the airport to the venue.

### Reservation by email:

Sharka Rey - [sharka.rey@gmail.com](mailto:sharka.rey@gmail.com) // Vanessa Langer - [vanessa@vismaya.ch](mailto:vanessa@vismaya.ch)

**Registration Conditions:** Registration is confirmed on receipt of CHF 750 deposit

The balance is payable on 20<sup>th</sup> December 2023 or at the time of registration if after December 20, 2023.

Payment in instalments upon request is possible

Be aware, the spaces are limited to 18 participants only. First comes first serves.

Registration ends by 2<sup>nd</sup> February 2024.

### **Cancellation policies :**

In the event of the organizers cancelling for whatever reason, including facilitators illness or state imposed border restrictions, your retreat fee will be 100% refunded except for the extra costs like flight, transportation and costs incurred by you.

In the event of cancellation on your part, the fee is : 150Fr. upon registration.

30% of the course price from 20<sup>th</sup> December 2023 to 70 days before departure.

50% of the course price from 69 to 51 days before departure.

100% of the course price from 50 days before departure.

In the event of cancellation on our part for personal reasons, you will be reimbursed for the full cost of the trip, excluding the cost of travel and logistics costs incurred by you.

We hope this goes some way to acknowledging your needs and our needs around sustainability.

We would recommend that you take out cancellation/repatriation insurance. (TCS ETI booklet, Allianz Assistance, etc.)

### **Please note:**

In order to run this event we need a minimum of 12 participants.

As soon as we have this number we will let you know to buy your flight ticket.

For this reason, we would like to encourage you to not leave your decision to sign up to the last minute as that can result in us canceling the event due to lack of participants.

Don't hesitate to contact us for any additional information.

