



## **Creative Sexuality**

*From toes to head*

A sex positive week end to bring more awareness in the diversity of intimacies and to explore your body cartography, starting from the toes going up towards your head.

22nd to 24th March 2024

[Hotel du Pilon](#) in Les Diablerets

facilitated by Vanessa Langer & [Sharka Rey](#)



This workshop is for those who want to creatively explore kinky practices. It's also for those who want to deepen their relationships with their bodies, sexualities and others as well as for people interested in exploring creativity within their own erotic life. It's for all curious as well as advanced kinksters, all genders, bodies, ages and all sexual orientations.

We see a large potential in exploring the intersection of somatic kink methodologies and creative process in which critical thinking is encouraged. Moreover, we think that sex positive spaces are needed in our society in order for us to explore alternative forms of intimacies in safer spaces, to promote diversity and care for various body shapes, ages, origins, relationship types and sexual practices, and to challenge archaic and heteronormative views of sexuality.

In addition, this work encourages us to become better communicators and to be able to ask for our needs and express our boundaries. The whole week is based on a framework of consent.

In a playful way, an invitation to feel into the different ways to be intimate with yourself and others. Discover the variations of your sexual energy and its multiple vibrations. Let go off your old beliefs, representations and patterns and get ready to experiment different ways to access desire and pleasure. Embody all your senses in the intimate experience and discover new sensations. Deepen your awareness of your sexual patterns, embody more flow in pleasure and surprise yourself.

Nudity is possible, respecting your wishes and limits. The workshop can also be done without nudity.



## **Information and registration**

We have three different prices. For lower incomers, regular incomes and higher incomers. We would like to make this retreat accessible to lower incomers and in order to do that we cordially added a support price for those with higher income to support the lower incomers.

Moreover, our needs lay in having our energy and work we put into organizing and facilitating our event valued, along our needs for sustainability acknowledged.

## **Lodging in a double room**

Low Price – 690Frs.// Regular Price – 790Frs. // Support Price – 890Frs.

### **The price includes**

Lodging for 2 nights in a double room, daily large brunch, snack and dinner, all workshops and the play party.

The workshop starts on Friday Evening at 6pm and ends on Sunday at 4pm

### **The price does not include**

Beverages of the hotel not included in our offer. Kinky accessories and transportation.

### **How to get there**

Hôtel du Pillon in Les Diablerets. The site is easily accessible by car or public transport. It's a 5-minute walk from the "Les Bovets" train stop, just before reaching Les Diablerets station.

### **Reservation by email**

Sharka Rey - [sharka.rey@gmail.com](mailto:sharka.rey@gmail.com) // Vanessa Langer - [vanessa@vismaya.ch](mailto:vanessa@vismaya.ch)

### **Registration Conditions**

Registration is validated upon reception of payment.

Payment in instalments upon request is possible.

Be aware, the spaces are limited. First comes first serves.

### **Cancellation policies :**

In the event of the organizers cancelling for whatever reason, including facilitators illness, your retreat fee will be 100% refunded. If you cancel for whatever reason, your financial contribution is non-refundable but transferable to another person you find to attend this event instead of you. We hope this goes some way to acknowledging your needs and our needs around sustainability.

Don't hesitate to contact us for any additional information